

Contact CNS Healthcare at
800-615-0411 or email
info@cnshealthcare.org
or visit
www.cnshealthcare.org

Mental Health Crisis

Crisis Text Line

Text “Start” to 741-741

Suicide Prevention Hotline

800-273-8255

Oakland County Crisis Line

800-231-1127

Wayne County Crisis Line

800-241-4949

Macomb County Crisis Line

855-927-4747

COVID-19 Resources

Oakland Health Division: 800-858-5533

Wayne Health Division: 734-287-7870

Beaumont Hotline: 248-551-7000

SAMHSA’s Disaster Distress Helpline:

1-800-985-5990 or text 66746

<https://www.oakgov.com/covid>

<https://www.michigan.gov/coronavirus/>

[https://www.who.int/health-](https://www.who.int/health-topics/coronavirus)

[topics/coronavirus](https://www.who.int/health-topics/coronavirus)

Sirius XM Free 24/7 Doc Radio, Channel 121.

